



## NEWS RELEASE

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March 23, 2015  
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For immediate release

### **An afternoon with author Stephen Garrett**

*Williams Lake, B.C.* – The Cariboo Regional District Library announced today, that author Stephen Garrett will be visiting the Williams Lake Branch Library on Thursday, March 26 from 3-5 p.m.

In his latest book, *When Death Speaks*, Garrett encourages you to take a new approach to death and helps you navigate the emotional details around the loss of a loved one. He combines a unique blend of spirituality, practicality, humour, and common sense in his method to serving individuals, families and groups as they walk the mysterious path of dying, death and loss.

Garrett holds a Masters Degree in Leadership and Training, as well as diplomas in mediation, conflict resolution, negotiation and communication. He has published a total of three books including, *Men Read This*, *Monks Without A Church*, and *When Death Speaks*.

The CRD's Williams Lake Branch Library is located at Suite A, 180 N. Third Avenue. For further information about this author reading, or other library events visit the website at [cln.ca](http://cln.ca) or call 250-392-3630.

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