



CARIBOO CHILCOTIN REGIONAL HOSPITAL DISTRICT
REVISED

September 11, 2015

9:30 a.m.

Board on the Road - Forest Grove Community Hall

4489 Eagle Creek Road

Forest Grove, BC

Pages

1. CALL TO ORDER

(The meeting is scheduled to commence at 9:30 a.m.)

1.1 Adoption of Agenda

Corporate Vote - Unweighted

That the agenda items be adopted as presented.

2. RECEIPT/ADOPTION OF MINUTES/RECOMMENDATIONS

2.1 Minutes of the Cariboo Chilcotin Regional Hospital District Board Meeting - August 21, 2015

3 - 8

Corporate Vote - Unweighted

That the minutes of the Cariboo Chilcotin Regional Hospital District Board meeting held August 21, 2015, be received and adopted.

3. DELEGATIONS/GUESTS

(Please note that Northern Health's appearance as a delegation has been rescheduled to October 23rd at 11:00 a.m.)

4. BYLAWS FOR CONSIDERATION OF THREE READINGS AND ADOPTION

5. REPORTS AND CORRESPONDENCE

5.1 Hospital Consent Calendar

Corporate Vote - Unweighted

That the Cariboo Chilcotin Regional Hospital District consent calendar, as of September 11, 2015, be received.

5.1.1 Interior Health - Contract Awarded for Merritt's Emergency Department Project

9 - 10

- 5.1.2 **Northern Health - Opinion Editorial - Energy Drinks, Kids on Caffeine** 11 - 13
- 5.1.3 ***A Late Item - Interior Health - Contract Awarded for New Residential Beds in Kelowna*** 14 - 15
- 5.2 **Interior Health - Algae Bloom Horse Lake Update** 16 - 16
- Corporate Vote - Unweighted
- That the Public Service Announcement from Interior Health, dated August 21, 2015, regarding an update on the algae bloom a Horse Lake, be received.
- 5.3 **District of Tumbler Ridge - Support for UNBC Northern Physiotherapy Program** 17 - 17
- Corporate Vote - Unweighted
- That the letter from Aleen Torraville, Administrative Services Manager/Acting Chief Administrative Officer, District of Tumbler Ridge, dated August 12, 2015, regarding the District's support for the establishment of a Northern Physiotherapy Program at the University of Northern BC, be received.
- 5.4 **Northern Health - Location Chosen for Primary Care Clinic in Quesnel** 18 - 19
- Corporate Vote - Unweighted
- That the News Release from Northern Health, dated September 2, 2015, advising that a location has been chosen for a Primary Care Clinic in Quesnel, be received.
- 5.5 **Village of Port Clements - Support for UNBC Northern Physiotherapy Program** 20 - 20
- Corporate Vote - Unweighted
- That the letter from Mayor Ian Gould, Village of Port Clements, dated August 19, 2015, regarding the Village's support for 20 more seats being added to the Northern Physiotherapy Program at the University of Northern BC, be received.
- 5.6 ***A Late Item - Interior Health - Preventing Suicide by Reaching Out*** 21 - 22
- Corporate Vote - Unweighted
- That the News Release from Interior Health, dated September 3, 2015, regarding suicide prevention, and the attached Backgrounder advising of World Suicide Prevention Day events in our region, be received.

6. **IN-CAMERA SESSION**

7. **ADJOURNMENT**

Corporate Vote - Unweighted

That the meeting of the Cariboo Chilcotin Regional Hospital District Board be adjourned at TIME, September 11, 2015.



**CARIBOO CHILCOTIN REGIONAL HOSPITAL DISTRICT
MINUTES**

August 21, 2015

9:30 am

Cariboo Regional District Board Room
Suite D - 180 Third Avenue North
Williams Lake, B.C.

PRESENT : Chair J. Massier, Vice-Chair M. Wagner, Director T. Armstrong,
Director J. Bruce, Director S. Forseth, Director B. Kemp, Director J.
Sorley, Director A. Richmond, Director D. Cash, Director R. William,
Director B. Anderson, Director B. Coakley, Director W. Cobb,
Director B. Simpson, Director M. Campsall, Director R. Sharpe

ABSENT : Director S. Watson

STAFF : J. Bell, Chief Administrative Officer, S. Reid, Chief Financial Officer,
A. Johnston, Corporate Officer, S. Burich, Manager of
Communications, M. Croft, Recording Secretary

1. CALL TO ORDER

1.1 Adoption of Agenda

Corporate Vote - Unweighted

CCH.2015-8-1

Moved Director Campsall

Seconded Director Richmond

That the agenda items be adopted as presented.

Carried Unanimously

2. RECEIPT/ADOPTION OF MINUTES/RECOMMENDATIONS

2.1 Minutes of the Cariboo Chilcotin Regional Hospital District Board Meeting - July 10, 2015

Corporate Vote - Unweighted

CCH.2015-8-2

Moved Director Armstrong

Seconded Director Forseth

That the minutes of the Cariboo Chilcotin Regional Hospital District Board meeting held July 10, 2015, be received and adopted.

Carried Unanimously

4. BYLAWS FOR CONSIDERATION OF THREE READINGS AND ADOPTION

4.1 Cariboo Chilcotin Regional Hospital District Capital Expenditure (Energy Conservation Measures Project – Dunrovin Lodge) Bylaw No. 105, 2015

Corporate Vote - Weighted

CCH.2015-8-3

Moved Director Richmond

Seconded Director Campsall

That the agenda item summary from Alice Johnston, Corporate Officer, dated July 29, 2015, regarding Bylaw No. 105, be received. Further, that Cariboo Chilcotin Regional Hospital District Capital Expenditure (Energy Conservation Measures Project – Dunrovin Lodge) Bylaw No. 105, 2015 be read a first, second and third time this 21st day of August, 2015.

Carried Unanimously

CCH.2015-8-4

Moved Director Campsall

Seconded Director Cobb

That Cariboo Chilcotin Regional Hospital District Capital Expenditure (Energy Conservation Measures Project – Dunrovin Lodge) Bylaw No. 105, 2015 be adopted this 21st day August, 2015.

Carried Unanimously

4.2 2015 IHA Additional Capital Request in Support of 100 Mile House Urology Services

Corporate Vote - Weighted

CCH.2015-8-5

Moved Director Coakley

Seconded Director Campsall

That the agenda item summary from Scott Reid, Chief Financial Officer, dated August 14, 2015, regarding an Interior Health request for additional 2015 Capital Funding, be received. Further, that funding in the amount of \$116,000, representing 40% of the total cost of equipment required for the urology services program at the 100 Mile House & District General Hospital, be approved. And further, that Cariboo Chilcotin Regional Hospital District Capital Expenditure (OHM Urology Services Equipment) Bylaw No. 106, 2015 be read a first, second and third time this 21st day of August, 2015.

Carried Unanimously

CCH.2015-8-6

Moved Director Wagner

Seconded Director Coakley

That Cariboo Chilcotin Regional Hospital District Capital Expenditure (OHM Urology Services Equipment) Bylaw No. 106, 2015 be adopted this 21st day of August, 2015.

Carried Unanimously

5. REPORTS AND CORRESPONDENCE

5.1 Hospital Consent Calendar

Corporate Vote - Unweighted

CCH.2015-8-7

Moved Director Richmond

Seconded Director Wagner

That the Cariboo Chilcotin Regional Hospital District consent calendar, as of August 21, 2015, be received.

Carried Unanimously

5.2 Northern Health - Facility Condition Assessment

Corporate Vote - Unweighted

CCH.2015-8-8

Moved Director Richmond

Seconded Director Anderson

That the letter from Michael Hoefer, Regional Director, Capital Planning and Support Services, Northern Health Authority, dated July 7, 2015, and attached Facility Condition Assessment, be received.

Carried Unanimously

5.3 Northern Health - Meeting at NCLGA Convention in May 2015

Corporate Vote - Unweighted

CCH.2015-8-9

Moved Director Wagner

Seconded Director Forseth

That the letter from Cathy Ulrich, President and CEO, Northern Health, dated June 30, 2015, regarding the meeting with CCRHD representatives at the NCLGA Convention in May 2015, be received.

Carried Unanimously

5.4 Northern Health - Connections Program - Schedule Modified for August

Corporate Vote - Unweighted

CCH.2015-8-10

Moved Director Cash

Seconded Director Anderson

That the Information Bulletin from Northern Health, dated July 30, 2015, advising of a modified schedule for Northern Health's Connections Program during the month of August, be received.

Carried Unanimously

5.5 Interior Health - Algae Bloom at Horse Lake

Corporate Vote - Unweighted

CCH.2015-8-11

Moved Director Coakley

Seconded Director Anderson

That the Public Service Announcement from Interior Health, dated July 31, 2015, and update received August 13, 2015, regarding the recent algae bloom at Horse Lake, be received.

Carried Unanimously

5.6 Ministry of Health - New Doctors Welcomed to Practice in Rural and Remote Communities

Corporate Vote - Unweighted

CCH.2015-8-12

Moved Director Wagner

Seconded Director Anderson

That the News Release from the Ministry of Health, dated August 12, 2015, announcing that 14 new physicians will be practicing in rural and remote communities in BC this month, including a new family doctor in Quesnel, be received.

Carried Unanimously

5.7 District of Stewart - Support for UNBC Northern Physiotherapy Program

Corporate Vote - Unweighted

CCH.2015-8-13

Moved Director Richmond

Seconded Director Bruce

That the letter from Maureen Tarrant, Chief Administrative Officer, District of Stewart, dated July 28, 2015, advising that the District of Stewart Council supports the CRD Board's UBCM resolution advocating the establishment of a northern physiotherapy program at UNBC, be received.

Carried Unanimously

7. **ADJOURNMENT**

Corporate Vote - Unweighted

CCH.2015-8-14

Moved Director Forseth

Seconded Director Bruce

That the meeting of the Cariboo Chilcotin Regional Hospital District Board be adjourned at 9:39 a.m., August 21, 2015.

Carried Unanimously

Chair

Corporate Officer

For Immediate Release | August 25, 2015

Interior Health awards planning contract for Merritt's emergency department project

MERRITT – Interior Health has awarded Stantec Architecture Ltd. with the contract for architectural and planning services for upgrades to the Nicola Valley Hospital and Health Centre's emergency department.

Stantec was the successful proponent after Interior Health released a request for proposals on July 2 for consultants to assess the physical space and health-care service requirements for the hospital's emergency department, both now and in the future.

This is the initial planning stage for a future renovation to the Nicola Valley Hospital and Health Centre, which is located in Merritt, at the intersection of four busy highways, including the Coquihalla Highway. Built in 1964, the hospital serves an area the size of 6,500 square kilometres with a population of approximately 12,000 people.

Recognizing the strategic location of the hospital as well as the need for increased space, privacy and modernization, the consultants will consider patient privacy and confidentiality, safety, infection prevention and control measures, and patient access and flow in their planning work. They will also assess the physical layout of and ability to renovate in the present emergency department location.

Stantec Architecture Ltd. is a well-known and respected international company that has had significant past experience working on health-care projects, several within Interior Health, including Royal Inland Hospital's Intensive Care Unit and Cancer Centre; 100 Mile House Hospital's Laboratory; Vernon Jubilee Hospital's Polson Tower; and, Kelowna General Hospital's Centennial Tower. Stantec is also currently working with Interior Health on Creston Valley Hospital's Emergency Department renovation.

The cost of the planning for an enhanced emergency department at Nicola Valley Hospital and Health Centre will be approximately \$600,000, to be cost-shared between the Province, through Interior Health, and the Thompson Regional Hospital District.

Interior Health anticipates that the planning stage will take approximately nine to twelve months to complete. Proceeding with a renovation project will be subject to prioritization of capital projects both provincially and within Interior Health, and the availability of capital funding.

Interior Health is committed to promoting healthy lifestyles and providing a wide range of quality health-care services to more than 742,000 people living across B.C.'s vast interior. For more information, visit www.interiorhealth.ca, follow us on Twitter [@Interior_Health](https://twitter.com/Interior_Health), or like us on Facebook at www.facebook.com/InteriorHealth.

Quotes:

Terry Lake, Health Minister –

“We know how important the services provided at Nicola Valley Hospital and Health Centre are to residents, not only in the Merritt region but those who travel the Coquihalla corridor. It's important to have excellent emergency care in the Nicola Valley region, and this is one more step toward enhancing that care.”

Jackie Tegart, MLA Fraser Nicola –

“One only needs look at some of the larger accidents that have happened on the highways around Merritt to understand how important it is to update the Nicola Valley Hospital and Health Centre’s emergency department. I’m so pleased to see the next step taken in this important investment in health-care services in the region.”

Erwin Malzer, Interior Health Board Chair –

“Interior Health has made it a priority to enhance emergency services in the Merritt region. I know our employees and physicians will be excited by the news that we’re moving along with the next step in the planning process for a renovation to the Nicola Valley Hospital and Health Centre’s emergency department.”

Peter Milobar, Thompson Regional Hospital District Chair –

“Having modern health-care facilities is among the important features that families and businesses look for when considering relocation or start-up in a community. The Thompson Regional Hospital District is pleased to be a partner in this project, which will see an investment in rural health-care services.”

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Media, for information:

Tracy Watson, Communications Officer, Interior Health
250-574-1523 | tracy.watson@interiorhealth.ca

August 24, 2015

Re: Request for the publication of an opinion-editorial piece

To whom it may concern:

I have prepared the following opinion-editorial about kids and energy drinks.

We appreciate any questions and/or interest you may have on this topic.

Lise Luppens
Population Health Dietitian
Northern Health
Terrace, B.C.

For more information, please contact:

Media line - 250-961-7724

Energy Drinks: Kids on Caffeine

The start of a new school year is a great time for Northerners to reflect on how we can support healthy eating habits and healthy food environments for kids. This would include what drinks we make available to children and teens, where they live, learn and play. On that note, let's talk about energy drinks. There are a variety of brands, flavours and sizes of energy drinks. Common brand names include Red Bull[®], Amp Energy[®], Rockstar Energy[®] and Monster Energy[®]. These beverages contain caffeine, which provides a stimulating or "energizing" effect, and many include large amounts of sugar, in part due to the large size of drink containers. They also contain a range of other possible ingredients, such as artificial sweeteners, herbs, amino acids and vitamins.

What do we need to know about energy drinks?

- Energy drinks are not recommended for children or teens.
- Health Canada requires manufacturers to include a number of cautionary statements on the label of energy drinks, including: "Not recommended for children, pregnant or breastfeeding women, and individuals sensitive to caffeine."

- A single serving of an energy drink can exceed the recommended daily maximum caffeine intake for children and teens. Children are especially at risk of experiencing behavioural effects from caffeine.
- Energy drinks are not allowed for sale in BC schools or school-related events, as per [The Guidelines for Food and Beverage Sales in BC Schools](#).
- Health Canada does not allow marketing or promotion of energy drinks to children, including the provision of samples.

Official legislation aside, I am sure parents, school staff, health professionals and community members can agree that caffeine and kids don't make a good mix. If we were talking about kids drinking coffee, many adults would probably be comfortable saying, "wait a minute - that's an adult drink" (and one for which we recognize the need for moderation even among adults). Although energy drinks are creatively advertised and packaged in flashy containers that appeal to youth, they are not recommended for children or teens due to their high caffeine and sugar content.

So where do we go from here? Water is the best choice to satisfy thirst. Milk or fortified soy beverages are also healthy choices. You can get kids involved in creating other fun drinks that are low in sugar and caffeine, such as water flavoured with fruit slices, berries, mint leaves, or frozen fruit cubes.

If you are a school staff member or PAC volunteer looking for beverages that meet the *Guidelines for Food and Beverage Sales in BC Schools*, check out the Brand Name Food List: <https://bnfl.healthlinkbc.ca/>. You can set your criteria to either elementary, middle or secondary schools, and you can search "Milk and Alternative Beverages" and "Other Beverages" categories to see which items rate as "Sell Most," "Sell Sometimes" or "Do Not Sell." This website may also inspire parents and caregivers with other drink options that are low in caffeine and sugar.

You can find out more information about energy drinks from:

- Articles on Healthy Families BC:
<https://www.healthyfamiliesbc.ca/home/blog/energy-drinks-and-kids-dont-mix#sthash.9PCmxR3P.dpuf>;
- Resources at HealthLinkBC: <http://www.healthlinkbc.ca/healthfiles/hfile109.stm>. You can also connect with Dietitian Services at HealthLink BC by dialling 8-1-1 or emailing at <http://www.healthlinkbc.ca/healthyeating/emaildietitian.html>
- Sip Smart! BC, an initiative to teach children grades 4 to 6 and their parents what they need to know to make healthy drink choices:
http://www.bcpeds.ca/uploadfiles/documents/Sipsmart/ssb_trg.pdf



- [Health Canada: http://healthycanadians.gc.ca/eating-nutrition/healthy-eating-saine-alimentation/tips-conseils/family-famille/drinks-boissons-eng.php](http://healthycanadians.gc.ca/eating-nutrition/healthy-eating-saine-alimentation/tips-conseils/family-famille/drinks-boissons-eng.php)

Media Contact:

Northern Health media line: 250-961-7724



For Immediate Release | Sept. 8, 2015

Interior Health awards contract for new residential beds in Kelowna

Interior Health (IH) is pleased to announce it has awarded a contract to Baltic Properties Ltd. to create an additional 100 residential care beds within Kelowna.

The contract is the result of a Request for Proposal (RFP) call issued in February.

IH received 12 submissions in response to the RFP, which was for the design, construction and operation of the new beds. After careful evaluation Baltic Properties Ltd. emerged as the successful proponent.

The RFP sought proposals from operators with experience in residential care project development and operation. IH has contracted with Baltic Properties Ltd. in the past, with the company currently providing contracted residential services at care homes in Kamloops, Lake Country, Osoyoos and West Kelowna.

A new residential care facility will be constructed at 325 Drysdale Blvd., in the Glenmore neighbourhood of Kelowna. Construction is anticipated to begin this fall with completion projected for early 2017. In addition to the 100 beds, the facility will also include 18 private-pay residential care beds.

These 100 new beds are part of 185 residential care beds announced by IH in February. The remaining 85 beds are slated for Vernon and an announcement on a successful Vernon proponent is expected this fall.

Residential care services provide around-the-clock professional supervision and care in a secure, home-like environment for individuals with complex care needs that cannot be met at home or in an assisted living residence.

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Quotes:

Premier Christy Clark, MLA Westside-Kelowna –

“This announcement is great news for the Okanagan. This brand new facility will provide new homes for seniors and ensure this region’s aging and growing population continues to receive the highest level of care.”

Health Minister Terry Lake –

“The new residential care facility and new beds in Kelowna and Vernon reflect our focus on establishing community-level supports to ensure B.C. seniors receive the best care possible.”

Norm Letnick, MLA Kelowna-Lake Country –

“This is a big first step that will ultimately see the creation of 100 new residential care beds for area residents. I look forward to watching the progress of this facility.”

Steve Thomson, MLA Kelowna-Mission –

“I’m pleased that we have taken another step forward with this project as the new beds will help support the care needs of local seniors and their families.”

www.interiorhealth.ca

NEWS RELEASE

Erwin Malzer, Interior Health Board Chair –

“This new care home and additional beds will greatly support the care needs of seniors throughout the Central Okanagan who require a higher level of care. The new beds will also support individuals who are no longer able to function on their own and require supports to live a quality life.”

Will McKay, Baltic Properties Ltd. Managing Partner –

“Baltic has enjoyed a strong working relationship with Interior Health and we’re very excited to expand this relationship with the creation of this new care home to serve the residents of the Central Okanagan.”

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Media, for information:

Patrick Gall, Communications Officer
Interior Health
Office: 250-870-5788 | Mobile: 250-864-5567
patrick.gall@interiorhealth.ca

Will McKay, Managing Partner
Baltic Properties Ltd.
Mobile: 604-657-8457
will.mckay@balticproperties.ca

For Immediate Release | August 21, 2015

Algae Bloom Horse Lake – An Update

Interior Health and the Ministry of Environment are continuing to monitor the presence of blue-green algae on Horse Lake, south-east of 100 Mile House. Recent testing has confirmed the presence of very low levels of algal toxin. At the current level, there are no acute human health effects.

The algae bloom has dissipated and is no longer visible on most areas of the lake; however, Interior Health will continue to monitor the lake. Residents in the area are asked to report any re-growth of the algae bloom to the IH Health Protection Office at 250-395-7676.

Additional information on blue-green algae blooms is available at:
<http://www.healthlinkbc.ca/healthfiles/hfile47.stm>

As always, visitors and residents are reminded to never drink or cook with untreated water directly from any recreational body of water at any time. If surface water contains blue-green algal toxins, boiling this water will not remove the toxins. Residents using surface water with disinfection and filtration are safe to use their water.

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Media, for information:

Michaela Swan, Communications Officer, Interior Health
250-819-4258 or michaela.swan@interiorhealth.ca

PUBLIC SERVICE ANNOUNCEMENT



DISTRICT OF TUMBLER RIDGE

Cariboo Regional District
File No. 400-60-06

August 12, 2015

AUG 17 2015
Referred To *City of Brd.*

Cariboo Chilcotin
Regional Hospital District
Suite D, 180 North Third Avenue
Williams Lake, BC V2G 2A4

Dear John Massier, Chair:

Re: UNBC Northern Physiotherapy Program Support

Your letter dated June 25, 2015 was received and considered by Council at the August 5, 2015 Council meeting.

Council enthusiastically supports the establishment of a Northern Physiotherapy Program at the University of Northern BC to provide for 20 more physiotherapy academic seats in BC and as such as directed that I write to you to confirm the District's support.

Regards,

A handwritten signature in cursive script that reads 'Aleen Torrance'.

Aleen Torrance,
Administrative Services Manager/
Acting Chief Administrative Officer

NEWS RELEASE

September 2, 2015

Location chosen for new Primary Care Clinic in Quesnel

Space on Front Street across from G.R. Baker Memorial Hospital has been secured for the new Quesnel Primary Care Clinic. The primary care clinic is an important component of the region's physician and health care recruitment strategy, and is expected to open in early 2016.

"Having a location selected for the new primary care clinic in Quesnel is an important step in stabilizing primary care services in the community," said Health Minister Terry Lake. "The interdisciplinary health care team and close proximity to the hospital, means this clinic can provide a strong network of services and supports for patients' health. I would like to especially thank Minister Coralee Oakes for working so hard to accommodate this new clinic."

#644 - 665 Front Street, the former location of MLA for Cariboo North Coralee Oakes' office, has been chosen from six applicants who responded to a request for proposals by Northern Health to house the new primary care clinic in Quesnel. The current tenants have agreed to move out quickly, which enabled Northern Health to start accessing the space for further planning starting as of September 1.

"We know it is important for residents to have access to the care they need as close to home as possible, which is why we have worked closely with Northern Health, the municipality and local doctors to establish a primary care clinic in Quesnel," said Coralee Oakes, MLA for Cariboo North. "We are excited that a space has been chosen for the clinic and are looking forward to the start of operations. I am also pleased to be able to support this process by ensuring we receive the right space for service."

Planning is currently underway for renovations to the space that are required to best meet the needs of health care providers and patients before the clinic is operational. The new clinic will likely include exam rooms, a procedure room, office space for primary care providers, and group medical/consult rooms.

"The new primary care clinic in Quesnel will feature an interdisciplinary team of clinicians, providing ease of access to various levels of primary care for patients," said Debbie Strang, Northern Health Quesnel Health Service Administrator. "The team will also provide support to other local physician practices, further enhancing access to health care services for residents."

Two part-time physicians who are already established in Quesnel will work out of the clinic once it is operational, along with two nurse practitioners who have recently been

recruited to the city. The physicians and nurse practitioners at the primary care clinic will work with an interdisciplinary team, which will include mental health and addiction clinicians, pharmacists, dieticians, registered nurses and home support staff to provide high quality care to residents of Quesnel. This type of work environment is attractive to primary care providers, which will help in Northern Health's ongoing recruitment efforts.

"The physicians in Quesnel continue to work closely with Northern Health and the other partners to promote the benefits of working in Quesnel," said Dr. Dietrick Furstenberg, Chief of Staff. "I am happy to see the community pull together to find ways to attract new health care providers to Quesnel and I am excited to welcome these two new nurse practitioners to the team."

Local government partners from the City of Quesnel and the Cariboo Chilcotin Regional District continue to be strong advocates in overall recruitment efforts. The City of Quesnel is offering additional benefits that will help support physicians and their families as they transition into the community. These benefits include short-term accommodation for physicians and their families, and partnering with a local car dealership to offer each physician a personal vehicle for three months.

"The City is a proactive partner in the recruitment and retention of physicians and medical professionals and has an active program to facilitate and ease the transition of medical professionals when they relocate to our community. The City will provide ongoing support to medical professionals and their families who live in Quesnel," said Bob Simpson, Mayor of Quesnel.

"The Cariboo Chilcotin Regional Hospital District continues to be a strong partner in enhancing health care services in our region," said John Massier, Cariboo Chilcotin Regional Hospital District chair. "We, along with other community partners, want to help ensure that residents have the best possible access to primary care."

As the Quesnel Primary Care Clinic is in development, residents of Quesnel will continue to have access to primary care through their family practitioner and emergency services as required through G.R. Baker Memorial Hospital.

For further information on physician recruitment available in the Northern Health region, please visit physicians.northernhealth.ca.

Media Contact:

NH media line - 250-961-7724



The Village of
PORT CLEMENTS
"Gateway to the Wilderness"

36 Cedar Avenue West
PO Box 198
Port Clements, BC
V0T1R0
Phone :250-557-4295
FAX :250-557-4568
Email : cao@portclements.ca
Web : www.portclements.ca

August 19, 2015

To: John Massier – Chair
Cariboo Chilcotin Regional Hospital District

Re: Northern Physiotherapy Program at UNBC

Please be advised that at the August 17, 2015 Regular Meeting of Council a motion was passed to support the Cariboo Chilcotin Regional Hospital District in their submission to UBCM to have the province add 20 more seats to the Northern Physiotherapy Program offered at the University of Northern BC. Haida Gwaii is currently without a physiotherapist so we understand the need for this undertaking.

Thank you for working on this resolution and we hope to see you at the 2015 UBCM.

Sincerely,


Mayor Ian Gould

Cariboo Regional District
File No.Hospital.....

SEP 02 2015

Referred To 
ccrhd/Bol

For Immediate Release | September 3, 2015

Preventing suicide by reaching out

Overall, an estimated 3,900 Canadians and 800,000 people worldwide die by suicide each year, yet it remains a taboo subject that is often not openly discussed.

Here in B.C. we lose an average of 500 people a year to suicide. The effects can be devastating to our families and our communities. Suicide prevention is a shared responsibility - we all have the potential to make a difference and save a life.

September 10 is World Suicide Prevention Day (WSPD), a day for communities to show support for suicide prevention, to remember and celebrate the lives of those who have died, to comfort those who grieve and to send a message that there is help, hope and people who care.

“Suicide can shatter the lives of the family and friends left behind and can affect anyone of any age, gender and culture,” said Health Minister Terry Lake. “There is help available day or night and I encourage all British Columbians to be aware of the many resources available.”

We can all play a role in preventing suicide. Here are some ways you can show your support:

- Let your friends, family and colleagues know how you plan to reach out by sharing on social media and tagging your post with #WSPD2015.
- Follow #WSPD2015 for updates on [Twitter](#).
- Attend a World Suicide Prevention Day event in your community.
- Light a candle in your window on September 10 at 8 p.m. to show support.

“Everyone can benefit from the help and support of family, friends, and community during difficult times,” said Jenny Green, Community Health Facilitator with Interior Health. “Many suicides are preventable. Suicide prevention begins with our willingness to recognize the signs of suicide and talk openly about it. Sometimes just a few genuine words of concern and active listening can create an open discussion about suicide and encourage an at-risk person to seek help. You can make a big difference.”

If someone you know is feeling suicidal, help is available. The Interior Crisis Line Network provides Interior Health residents with around-the-clock access to telephone support. The toll-free number is 1-888-353-CARE (2273). A province-wide network of crisis lines is accessible by calling 1-800-SUICIDE (1-800-784-2433). Assistance is also available through local mental health and substance use services, family physicians, emergency services and through web-based supports such as Crisis Centre (<http://www.crisiscentre.bc.ca>) and HeretoHelp (<http://www.heretohelp.bc.ca>).

For more information on World Suicide Prevention Day:

Canadian Association for Suicide Prevention: www.suicideprevention.ca

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Media, for information:

[Lesley Coates](#), Communications Officer, Interior Health
(250) 870-4689

Event information: A list of events is included in the attached Backgrounder. For information about a specific event in your community, please contact the individual(s) listed as event contacts.

For Immediate Release | September 3, 2015

World Suicide Prevention Day events in our region

Cranbrook - World Suicide Awareness Day Event: Live music, food vendors, guest speakers, information booths, activities to honour loved ones and an art display.

When: September 10, 3 p.m. - 7 p.m.

Where: Rotary Park

For more information contact: Patricia Whalen at 250-919-5769 or Elaina Englesby at 250-426-5222

Kamloops - 3rd Annual Bringing Suicide Out of the Shadows: Evening session with guest speakers, kite memorial, and refreshments.

When: September 10, 6:30p.m. - 8:30 p.m. (Media welcome until 7:30 p.m.)

Where: Kamloops Yacht Club

For more information contact: Christa Haywood-Farmer at 250-374-0440 or Jolene Lindsey at 250-377-6500 ext. 4043

Kelowna - Benefit for Life Fundraiser: Special guests, memorable performances, live music, award winning Okanagan wine, and desserts.

When: September 9, 7 p.m. - 10:30 p.m.

Where: Manteo Resort, Waterfront Ballroom

For more information contact: Liane Weber at 250-899-4942

Tickets available for purchase at <http://www.thelifelinecanada.ca/event-information/>

Nelson - Reaching Out and Saving Lives: Remembrance gathering.

When: September 10, noon - 1p.m.

Where: Nelson Lakeside Park

For more information contact: Karen Miller at 250-364-0274

Vernon - Walk of Remembrance

When: September 10, 6 p.m.

Where: Starts at the Centennial Garden, Polson Park

For more information contact: Sharon Durant at 250-542-3114 or Dianne Hustler at 250-260-3233

Williams Lake - World Suicide Prevention Day Gathering: Drumming, music, encouragement, remembrance and information.

When: September 10, noon – 1 p.m.

Where: Boitanio Park

For more information contact: Janice Breck 250-398-8220 ext. 2040

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Event information: For information about a specific event in your community, please contact the individual(s) listed as event contacts.